Decluttering Checklist

KITCHEN

- \cap Fridge: expired/unused items
- \bigcirc Excess cooking tools
- Glasses, mugs, water bottles
- Excess hosting/holiday items
- O Unused appliances
- O Unused pots, pans, & dishes
- \bigcirc Old dish towels & cloths
- O Cleaning supplies not used
- O Pantry: old food & spices
- O Unmatched food containers
- \bigcirc Old condiment packets, takeout menus, disposable utensils, paper goods

LIVING ROOM

- Excess blankets & pillows
- \bigcirc Book you won't read again
- Decor/knick knacks you don't like
- \bigcirc Excess electronics & cords
- Artwork you don't like
- DVD's/CD's you won't use
- Video games/devices unused
- Magazines

BEDROOMS

- Clean off top of night stand
- Clean out night stand drawers

- Sort out unwanted/unused clothes
- Clear off chairs and floor
- Put loose change in one spot

CLOSETS

- \bigcirc Sort out unused clothes
- Sort hats, bags, scarfs, & belts
- Get rid of shoes you don't wear
- Sort jewelry, keepsakes, kids memorabilia & holiday decor

KIDS ROOMS

- Sort out clothes that don't fit
- O Toss worn undergarments
- Sort out broken/outgrown toys
- Sort out shoes that don't fit
- \bigcirc Sort out old bedding
- Sort out age-appropriate books
- Declutter toy collections

BATHROOM

- O Throw out old lotions & cosmetics
- Discard expired meds/sunscreen
- Only keep products you use
- \bigcirc Get rid of old towels
- Sort out old hair accessories
- Sort shaving items, curling irons, brushes & combs

LAUNDRY/LINEN

- Clean out excess linens & sheets
- \bigcirc Old rags and pillows
- Sort laundry supplies
- O Unused cleaning supplies
- O Excess hangers
- Sort irons, steamers, etc...
- \bigcirc Sort out household tools, batteries, candles & flashlights

EVERYTHING ELSE

- Pet items no longer needed
- Clean out old craft supplies
- Sort games and puzzles
- Old technology and cords
- Sort coats and winter accessories
- Get rid of old paint
- \bigcirc Sort out office supplies
- Sort, organize & shred unneeded documents

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- Completely clear out under the bed
- Clear off the top of dressers