

KIDS
TRUTH OR DARE
PACK

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TRUTHS & DARES FOR KIDS

- **50 TRUTH QUESTIONS FOR KIDS**
- **60 DARES FOR KIDS**
- **8 "FREE PASSES"**

KIDS TRUTH QUESTIONS

Cut out the cards and draw from the pile when a player chooses "truth" in the game.



WHAT IS ONE WEIRD HABIT YOU HAVE?

WHERE ARE YOU MOST TICKLISH?

WHAT'S THE WEIRDEST/GROSSEST THING YOU HAVE DONE?

WHAT DO YOU WISH YOUR PARENTS WOULD AND WOULDN'T DO?

WHAT FOOD DO YOU HOPE YOU NEVER HAVE TO EAT AGAIN?

HAVE YOU EVER PRETENDED TO BE ASLEEP BUT THEN STAYED UP REALLY LATE?

WHAT IS SOMETHING THAT'S NOT REAL, BUT YOU REALLY WISH IT WAS?

WHERE IS ONE PLACE YOU DON'T LIKE GOING?

TELL US ABOUT A STRANGE DREAM YOU'VE HAD.

HAVE YOU EVER BROKEN SOMETHING AND NOT TOLD ANYONE ABOUT IT?

KIDS TRUTH QUESTIONS

Cut out the cards and draw from the pile when a player chooses "truth" in the game.



GIVE EACH PERSON IN YOUR FAMILY A NICKNAME THAT FITS THEM.

WHAT SHOW DO YOU LOVE THAT MOM AND DAD HATE?

WHAT'S THE LONGEST YOU'VE GONE WITHOUT SHOWERING?

WHAT GROSS SMELL DO YOU SECRETLY KIND OF LIKE?

WHAT WORD ARE YOU NOT SUPPOSED TO SAY, BUT YOU SOMETIMES SAY IT?

WHEN WAS THE LAST TIME YOU STARED AT SOMEONE? WHY WERE YOU STARING?

WHICH ANIMAL IS YOUR SPIRIT ANIMAL? (WHICH ARE YOU MOST LIKE?)

HAVE YOU EVER WATCHED A SHOW THAT YOU THOUGHT WASN'T SCARY, BUT IT FREAKED YOU OUT?

HAVE YOU EVER HID FOOD BEFORE?

TELL US ONE THING WE DON'T KNOW ABOUT YOU.

KIDS TRUTH QUESTIONS

Cut out the cards and draw from the pile when a player chooses "truth" in the game.



WHAT DOES YOUR DREAM ROOM LOOK LIKE?

IF YOU RECEIVED \$100 TO DO WHATEVER YOU WANTED WITH, WHAT WOULD YOU DO WITH IT?

IF YOU HAD THREE WISHES GRANTED, WHAT WOULD THEY BE?

IF YOU COULD BUY ANYTHING AT THE STORE RIGHT NOW, WHAT WOULD IT BE?

IF YOU COULD BRING ONE VIDEO GAME TO LIFE, WHICH WOULD IT BE?

IF YOU HAD TO MOVE, WHERE WOULD YOU PREFER TO MOVE TO?

WHAT'S THE LAST THING YOU GOOGLED (OR ASKED ALEXA ABOUT)?

HAVE YOU EVER WORN DIRTY UNDERWEAR?

HAVE YOU EVER SEEN YOUR CHRISTMAS (OR BIRTHDAY) PRESENTS AHEAD OF TIME?

HAVE YOU EVER FAKED BEING SICK TO STAY HOME FROM SCHOOL?

KIDS TRUTH QUESTIONS

Cut out the cards and draw from the pile when a player chooses "truth" in the game.



WHEN WAS THE LAST TIME YOU CRIED? WHAT DID YOU CRY ABOUT?

WHAT ARE YOU MOST AFRAID OF?

WHAT'S A BIG MISTAKE YOU'VE MADE?

WHEN HAVE YOU GOTTEN INTO THE MOST TROUBLE?

WHAT IS ONE THING YOU WOULD DO IF YOU KNEW YOU WOULDN'T GET INTO TROUBLE?

WHAT IS ONE THING YOU'D CHANGE IF YOU COULD ABOUT YOUR LIFE?

WHAT IS ONE JOB YOU WOULD NEVER WANT TO DO?

WHAT DO YOU WANT TO DO WHEN YOU GROW UP?

WHAT'S THE SCARIEST THING YOU'VE EVER DONE?

WHAT'S THE HARDEST THING YOU'VE EVER HAD TO DO?

KIDS TRUTH QUESTIONS

Cut out the cards and draw from the pile when a player chooses "truth" in the game.



HAVE YOU KISSED ANYONE BEFORE?

HAVE YOU EVER HID A BAD GRADE FROM YOUR PARENTS?

ARE YOU AFRAID OF THE DARK?

DO YOU STILL GET NERVOUS ABOUT MONSTERS?

DO YOU HAVE A CRUSH ON ANYONE?

WHAT'S THE WEIRDEST THING IN YOUR ROOM RIGHT NOW?

HAVE YOU EVER ACCIDENTALLY SNEEZED ON SOMEONE?

HAVE YOU EVER PEED (OR POOPED) IN A POOL BEFORE?

WHAT IS SOMETHING EMBARRASSING YOUR PARENTS DO?

HAVE YOU EVER FARTED AND BLAMED IT ON SOMEONE ELSE?

DARE CARDS FOR KIDS

Cut out the cards and draw from the pile when a player chooses "dare" in the game.



**GO OUTSIDE & HUG A
TREE FOR 5 MINUTES**

**TURN YOUR CLOTHES
INSIDE OUT AND WEAR
THEM**

**WEAR A TOWEL OR
BLANKET AS YOUR
PERSONAL CAPE FOR
THE REST OF THE GAME**

**PLAY THE AIR GUITAR TO
A SONG OF CHOICE**

**DO YOUR BEST BATMAN
VOICE**

**COME UP WITH YOUR BEST
CRAZY PERSON LAUGH**

**ANSWER EVERYONE LIKE A
PIRATE FOR THE NEXT 20
MINUTES**

**LET SOMEONE CRACK AN
EGG OVER YOUR HEAD**

**GET IN THE SHOWER WITH
YOUR CLOTHES ON**

**LET SOMEONE SMEAR
WHIPPED CREAM IN
YOUR FACE**

DARE CARDS FOR KIDS

Cut out the cards and draw from the pile when a player chooses "dare" in the game.



EAT A PIECE OF LEMON

GET EVERYONE AN OBJECT FROM THE OTHER ROOM WHILE USING YOUR HANDS LIKE A T-REX

SING A LULLABY AND ROCK A STUFFED ANIMAL TO SLEEP

WALK BACKWARDS WHEREVER YOU GO FOR THE REST OF THE GAME

EAT A BANANA WITHOUT USING YOUR HANDS

WEAR (CLEAN) UNDERWEAR ON YOUR HEAD FOR THE REST OF THE GAME

ACT LIKE A ROBOT FOR THE NEXT TWO TURNS

SMIFF THREE PEOPLE'S SHOES AND DETERMINE WHICH ARE THE STINKIEST

ADD "WHOA...THAT WAS CRAZY, MAN" TO THE END OF EACH SENTENCE UNTIL THE REST OF THE GAME

GIVE YOUR BEST YODEL

DARE CARDS FOR KIDS

Cut out the cards and draw from the pile when a player chooses "dare" in the game.



**EAT A SPOONFUL OF
MUSTARD**

**CHANGE INTO SOMEONE
ELSE'S CLOTHES FOR THE
REST OF THE NIGHT**

**GIVE SOMEONE IN A
FOOT RUB FOR 5
MINUTES**

**SMELL EVERYONE'S
BREATH (WHICH ONE
SMELLS THE WORST?)**

**LET SOMEONE GIVE YOU
A NEW HAIRSTYLE**

**DRINK FROM A MYSTERY
CONCOCTION THE GROUP
MAKES FOR YOU**

**BALANCE A SPOON ON
YOUR NOSE ACROSS THE
ROOM WHILE SOMEONE
DISTRACTS YOU**

**PRETEND THAT YOU ARE
SOMEONE ELSE FOR THE
NEXT 30 MINUTES**

**ANSWER EVERYONE IN A
SONG VOICE FOR THE NEXT 20
MINUTES**

**SPEAK IN A FOREIGN
ACCENT FOR THE NEXT
20 MINUTES**

DARE CARDS FOR KIDS

Cut out the cards and draw from the pile when a player chooses "dare" in the game.



**MAKE YOUR BEST
ORIGAMI FIGURE OUT
OF A NAPKIN**

**TRY TO CATCH THREE
PIECES OF FOOD IN YOUR
MOUTH WHILE SOMEONE
THROWS IT**

**SAY A TONGUE
TWISTER 10 TIMES
STRAIGHT**

**PUT ON AS MANY
LAYERS OF CLOTHING AS
YOU POSSIBLY CAN**

**SPEAK ONLY IN A
WHISPER FOR THE NEXT
10 MINUTES**

TRY TO DO THE SPLITS

KISS THE WINDOW

**BLOW UP 3 BALLOONS AND
POP THEM BY SITTING ON
THEM**

**DO A MODELING SHOW ON
THE DRIVEWAY FOR 5 MINUTES**

**LET SOMEONE DRAW A
MUSTACHE ON YOU**

DARE CARDS FOR KIDS

Cut out the cards and draw from the pile when a player chooses "dare" in the game.



GO OUTSIDE AND SING A CHRISTMAS CAROL AS LOUD AS YOU CAN

EAT SOMETHING WHILE BLINDFOLDED

ASK THE NEIGHBOR FOR A ROLL OF TOILET PAPER

HUG A SIGN AS SOMEONE DRIVES BY

WINK AT SOMEONE AFTER EVERY TIME YOU TALK FOR THE NEXT 30 MINUTES

PUT AN ICE CUBE DOWN YOUR SHIRT (WITH YOUR SHIRT TUCKED IN)

STAY AS STILL AS A STATUE FOR AT LEAST A MINUTE

EAT A SPOONFUL OF MINCED GARLIC

BLOW BUBBLES IN WATER USING YOUR NOSE AND A STRAW

END EACH SENTENCE WITH "IN YOUR DREAMS" FOR THE REST OF THE GAME

DARE CARDS FOR KIDS

Cut out the cards and draw from the pile when a player chooses "dare" in the game.



**POUR COLD WATER
OVER YOUR HEAD**

**ACT OUT YOUR FAVORITE
SCENE FROM A MOVIE**

**WHEN SOMEONE TALKS
TO YOU FOR THE REST
OF THE GAME, RESPOND
TO SOMEONE ELSE**

**TRY TO SNEAK UP ON
SOMEONE BEFORE THE
GAME IS OVER**

**CROSS THE ROOM
BALANCING A BOOK ON
YOUR HEAD**

**GIVE YOUR BEST THANK
YOU SPEECH LIKE YOU JUST
WON AN AWARD**

DO 10 PUSHUPS

EAT A HOT PEPPER

**WRITE A THANK YOU NOTE
WITH YOUR NON-DOMINANT
HAND**

**SING A SONG ABOUT A
SILLY OBJECT (THEN
PRESENT IT TO THE GROUP)**

FREE PASSES

Before the game starts, decide if each player gets to have one "free pass" to use if they would like to skip a truth or dare. If they use the pass, the player must insert their truth or dare card back into the pile to draw from again.

