

THOUGHT OF THE DAY

Cut out the cards and put them in a jar, on the fridge, on a bathroom mirror, or wherever your kids can see them often.



"KNOW YOURSELF, **LOVE YOURSELF**, TRUST YOURSELF, BE YOURSELF."
- ARIEL PAZ

"**KEEP LOOKING UP**. THAT'S THE SECRET OF LIFE."
- CHARLIE BROWN

"DON'T CRY BECAUSE IT'S OVER. **SMILE** BECAUSE IT HAPPENED."— DR. SEUSS

"IT IS **OUR CHOICES** THAT SHOW WHAT WE TRULY ARE, FAR MORE THAN OUR ABILITIES." - HARRY POTTER

"IT'S OKAY TO **BE BRAVE** AND AFRAID AT THE SAME TIME." - BRENE BROWN

"OUR FATE **LIES WITHIN US**, YOU ONLY HAVE TO BE BRAVE ENOUGH TO SEE IT."
- MERIDA, 'BRAVE.

"YOU CAN, YOU SHOULD, AND IF YOU'RE BRAVE ENOUGH TO START, **YOU WILL**."— STEPHEN KING

"**BE A RAINBOW** IN SOMEONE ELSE'S CLOUD."
- MAYA ANGELOU

"THE SIMPLE ACT OF **CARING** IS HEROIC." — EDWARD ALBERT

"EVERYONE FALLS DOWN. **GETTING BACK UP** IS HOW YOU LEARN TO WALK." - WALT DISNEY