

Summer **BUCKET LIST**

FOR MOMS

1. Add one flirty summer skirt or sundress to your weekly attire
2. Do a digital detox
3. Give yourself or get a bright summer pedicure
4. Wear heels or wedges just once
5. Go on a solo bike ride around a new place
6. Clean out your _____ (closet, basement, garage...)
7. Watch a sunrise or sunset
8. Try something new - meditate, journal, etc.
9. Take a nap (or ten)
10. Go wine tasting (or virtual wine tasting)
11. Plan a summer date with your partner. Try a romantic picnic!
12. Run a 5K or 10K (these can be virtual)
13. Work on a new habit
14. Host someone you haven't seen in a while
15. Make a summer playlist
16. Make sangria or another classic summer drink
17. Read an amazing book
18. Watch fireworks
19. Bake a fruit pie from scratch
20. Porch sit with tea for an afternoon
21. Brew your own beer or make your own wine
22. Do something you've never done before
23. Hike a new trail
24. Volunteer
25. Go camping
26. Get a fresh summer hairdo
27. Write someone a kind note
28. Host a game night with friends (or virtual game night)
29. Take a weekend or week completely off of work and household tasks
30. Buy a delicious ice cream treat on a hot day